

# Out Reach Patient History Worksheet

**DESCRIBE YOUR REASON FOR COMING TO SEE US:**

\_\_\_\_\_

\_\_\_\_\_

**CARDIOVASCULAR HISTORY** (Please Circle)

1. Heart attack? When: \_\_\_\_\_ Y N
2. Heart Catheterization? When: \_\_\_\_\_ Y N
3. Heart surgery or balloon/stent procedure? Y N  
Date: \_\_\_\_\_ Type: \_\_\_\_\_
4. Echocardiogram? (Ultrasound of the heart) Y N
5. Do you have any of the following conditions?
  - a) Diabetes Y N
  - b) High blood pressure Y N
  - c) High Cholesterol Y N
  - d) Blood clots in the legs/lungs Y N
  - e) Heart murmur Y N
  - f) Black out spells Y N
  - g) Varicose veins, leg discoloration or ulcers Y N

**CARDIAC/VASCULAR RISK FACTORS** (Please list relationship)

1. Do any family members have a history of:
  - a) Heart Disease Y N \_\_\_\_\_
  - b) Diabetes Y N \_\_\_\_\_
  - c) Cancer Y N \_\_\_\_\_
  - d) Stroke Y N \_\_\_\_\_
  - e) Abdominal aortic aneurysm Y N \_\_\_\_\_
  - f) Peripheral arterial disease Y N \_\_\_\_\_
  - g) Carotid disease Y N \_\_\_\_\_
  - h) Aortic dissection Y N \_\_\_\_\_
  - i) High blood pressure Y N \_\_\_\_\_

**HABITS/SOCIAL HISTORY**

1. Have you ever smoked/chewed tobacco? Y N  
Packs/day \_\_\_\_\_ years smoked \_\_\_\_\_ year quit \_\_\_\_\_
2. Do you follow a special diet? Y N
3. Do you use caffeine? Y N  
Amount/day \_\_\_\_\_
4. Do you use alcohol? Y N  
Amount/day \_\_\_\_\_
5. Have you a history of drug use/addiction Y N
6. Occupation \_\_\_\_\_ Marital Status \_\_\_\_\_

**PREVIOUS OPERATIONS/SURGERIES** **DATE**

|       |       |
|-------|-------|
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |
| _____ | _____ |

Name: \_\_\_\_\_

**REVIEW OF SYMPTOMS** (Please Circle)

1. **CARDIOVASCULAR**
  - a) Chest Pains Y N
  - b) Racing Heart Y N
  - c) Lower extremity edema Y N
  - d) Palpitations Y N
  - e) Lightheadedness Y N
2. **RESPIRATORY**
  - a) Shortness of Breath Y N
  - b) Cough Y N
  - c) Wheezing Y N
3. **GASTROINTESTINAL**
  - a) Abdominal Pain Y N
  - b) Nausea Y N
  - c) Vomiting Y N
  - d) Diarrhea Y N
  - e) Black Colored Stools Y N
  - f) Bright Red Blood per Rectum Y N
4. **SLEEP**
  - a) Snoring Y N
  - b) Excessive Daytime Sleepiness Y N
  - c) Do you use CPAP? Y N
5. **NEUROLOGIC**
  - a) Confusion Y N
  - b) Numbness/Generalized Y N
  - c) Tingling Y N
  - d) Dizziness Y N
  - e) Fainting Y N
  - f) Weakness Y N
6. **GENERAL**
  - a) Fevers Y N
  - b) Chills Y N
  - c) Fatigue Y N
7. **GENITOURINARY**
  - a) Pain with Urination (Dysuria) Y N
  - b) Blood in the Urine (Hematuria) Y N
8. **MUSCULOSKELETAL**
  - a) Muscle Aches, Generalized Y N
  - b) Diffuse Joint Pain Y N
9. **PSYCHIATRIC**
  - a) Anxiety Y N
  - b) Depression? Y N
10. **ENDOCRINE**
  - a) Night Sweats Y N
  - b) Generalized Weakness Y N
11. **HEMATOLOGY/LYMPHATIC**
  - a) Easy Bleeding Y N
  - b) Easy Bruising Y N



Date: \_\_\_\_\_  
Room Number: \_\_\_\_\_

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# Out Reach Patient History Worksheet

|                  |                      |                   |                          |                 |      |
|------------------|----------------------|-------------------|--------------------------|-----------------|------|
| Date:            |                      | Medical Record #: |                          | Site/Room #:    |      |
| BH Physician:    |                      |                   | Referring Physician/PCP: |                 |      |
| Patient Name:    |                      | Age:              | Sex:                     | Marital Status: |      |
| Mailing Address: |                      |                   | City:                    | State:          | Zip: |
| Home Phone       | Work Phone:<br>Cell: | Ext.              | Birthdate:               | SS#:            |      |
| Pharmacy:        |                      |                   |                          |                 |      |

REASON FOR VISIT: \_\_\_\_\_

HISTORY:

**VITALS:**

Height \_\_\_\_\_ in Weight \_\_\_\_\_ lb O2 Sat \_\_\_\_\_ %

B.P. Right, \_\_\_\_\_ / \_\_\_\_\_ Left, \_\_\_\_\_ / \_\_\_\_\_

Pulse \_\_\_\_\_ Respirations \_\_\_\_\_ Temp \_\_\_\_\_

ALLERGIES: \_\_\_\_\_

MEDICATIONS: \_\_\_\_\_

Smoking Status: current smoker/chew tobacco

Packs/day \_\_\_\_\_ years smoked \_\_\_\_\_ year quit \_\_\_\_\_

Last Echo: \_\_\_\_\_

Last NUC: \_\_\_\_\_

Last Cath: \_\_\_\_\_ EF \_\_\_\_\_ %

PLAN: